

150m				
Heat 1	Wind -2.5			
1st	Ottis Mighton	Cwmbran Harriers	U9B	24.38
2nd	Lewis Burdon	Newport Harriers	U11B	27.49
3rd	Ollie Vincent	Newport Harriers	U11B	29.43
4th	Owen Read smith	Newport Harriers	U9B	30.41
5th	Theo Rowlands	Newport Harriers	U9B	30.7
150m				
Heat 1	Wind -1.8			
1st	Lydia Newman	Newport Harriers	U9G	26.41
2nd	Aaliyah Beavan	Newport Harriers	U9G	26.56
3rd	Lois Codling	Newport Harriers	U9G	26.62
4th	Teagon Werner	Newport Harriers	U9G	27.03
5th	Ava Stratford Davies	Newport Harriers	U9G	27.93
6th	Chloe Broome	Newport Harriers	U9G	27.98
7th	Hollie Taylor	Newport Harriers	U9G	28.13
8th	Holly Davies	Newport Harriers	U9G	30.2
150m				
Heat 1	Wind -3.2			
1st	Chase Alfred	Cwmbran Harriers	U11B	23.09
2nd	Charlie Ferris	Newport Harriers	U11B	24.13
3rd	Taylor Pope	Cwmbran Harriers	U11B	25.76
4th	Tomos Berry	Newport Harriers	U11B	26.54
5th	Cai Read Smith	Newport Harriers	U11B	26.92
6th	Cory Miles	Newport Harriers	U11B	30.6
150m				
Heat 2	Wind -3.9			
1st	Codi Alfred	Cwmbran Harriers	U11B	24.12
2nd	Vaughn Hughes	Newport Harriers	U11B	24.84
3rd	Micheal Tripsa	Newport Harriers	U11B	26.05
4th	George Hamnett	Newport Harriers	U11B	26.49
5th	Samuel Davies	Newport Harriers	U11B	27.54
6th	Lewis Bagstaff	Newport Harriers	U11B	27.72
150m				
Heat 3	Wind -3.4			
1st	Riley Fussell	Newport Harriers	U11B	24.95
2nd	Louie Mcguire	Cwmbran Harriers	U11B	25.55
3rd	Dylan Evans	Newport Harriers	U11B	27.44
4th	Ayrton French	Newport Harriers	U11B	27.56
150m				
Heat 1	Wind -3.8			
1st	Darcy Simmonds	Newport Harriers	U11G	25.03
2nd	Lily Eaton	Newport Harriers	U11G	26.47
3rd	Maisie Davies	Newport Harriers	U11G	28.57
4th	Connie Bradley	Newport Harriers	U11G	29.4
150m				
Heat 2	Wind -2.5			
1st	Ella Hams	Newport Harriers	U11G	24.83
2nd	Chloe Shortman	Cwmbran Harriers	U11G	26.54
3rd	Emily Walker	Newport Harriers	U11G	26.94

4th	Holly Bradshaw	Newport Harriers	U11G	27.62
200m				
Heat 1	Wind -3.5			
1st	Harry Bradley	Newport Harriers	U13B	30.17
2nd	Joseph Hall	Newport Harriers	U13B	32.09
3rd	Cameron Eley	Newport Harriers	U13B	34.03
4th	William Burdon	Newport Harriers	U13B	35.89
200m				
Heat 2	Wind -2.9			
1st	Joesph Barry	Newport Harriers	U13B	31.05
2nd	Henry Jones Davies	Newport Harriers	U13B	33.79
3rd	Joel Miles	Newport Harriers	U13B	34.84
4th	Issac Lacquiere	Newport Harriers	U13B	35.45
5th	Alessando Davies	Newport Harriers	U13B	36.68
200m				
Heat 1	Wind -3.0			
1st	Twidah Boateng	Newport Harriers	U13G	29.84
2nd	Katy French	Newport Harriers	U13G	31.56
3rd	Nia Parry	Newport Harriers	U13G	32.55
4th	Alyssia Fitzgerald	Newport Harriers	U13G	32.95
5th	Larissa Mcguire	Cwmbran Harriers	U13G	33.07
6th	Georgie Maddox	Cwmbran Harriers	U13G	38.62
200m				
Heat 2				
1st	Elie Chim	Newport Harriers	U13G	31.54
2nd	Paige Hughes	Newport Harriers	U13G	33.19
3rd	Addison Werner	Newport Harriers	U13G	34.34
4th	Codi Oliver	Newport Harriers	U13G	36.15
200m				
Heat 1	Wind -4.8			
1st	Joseph Wayte	Newport Harriers	U15B	25.59
2nd	Efon Bentall	Newport Harriers	U15B	26.93
3rd	Spencer Daniels	Newport Harriers	U15B	27.66
4th	Noah Bennett	Newport Harriers	U15B	28.76
5th	Randy Bonsu	Newport Harriers	U15B	29.5
6th	Ben Hobbs	Cwmbran Harriers	U15B	34.69
Heat 2	Wind -4.4			
1st	Sam Davies	Newport Harriers	U15B	27.05
2nd	Theo Capestacle	Newport Harriers	U15B	27.35
3rd	Sam Breese	Newport Harriers	U15B	29.69
4th	Logan Maskell	Newport Harriers	U15B	30.35
200m				
Heat 1	Wind -3.2			
1st	Anontina Dawes	Newport Harriers	U15G	28.28
2nd	Erika Jarrett	Newport Harriers	U15G	28.56
3rd	Lottie Van Toop	Newport Harriers	U15G	30.09
4th	Olivia Reid	Newport Harriers	U15G	30.69
5th	Cate Davies	Newport Harriers	U15G	30.93
6th	Cordeilia Goodyer	Newport Harriers	U15G	31.06
7th	Libby Davidson	Newport Harriers	U15G	32.12

200m				
Heat 1	Wind -2.0			
1st	Adnan Shafique	Newport Harriers	U17 M	25.11
2nd	Finley Bertram	Newport Harriers	U17 M	25.22
3rd	Lee Richards	Newport Harriers	SM	25.45
4th	Toby Robinson	Newport Harriers	U17M	25.61
5th	Finley Richards	Newport Harriers	U17M	25.65

200m				
Heat 1	Wind -4.0			
1st	Aston Burnett	Newport Harriers	U17M	24.79
2nd	Dylan Howells	Newport Harriers	U17M	25.36
3rd	Raheem Atkinson	Newport Harriers	U17M	27.66
4th	Kyle Arnold	Newport Harriers	U20M	37.88

200m				
Heat 1	Wind -3.6			
1st	Gabrielle Fakande	Swansea Harriers	U20W	26.59
2nd	India Jenkins	Cwmbran Harriers	U17W	27.15
3rd	Megan Linnell	Newport Harriers	U17W	28.78
4th	Megan Selway	Newport Harriers	U17W	29.11
5th	Ama Boateng	Newport Harriers	U17W	29.89
6th	Maisie Ovey	Newport Harriers	U17W	30.17
7th	Holly Hathway	Newport Harriers	U17W	32.09

1500m				
Heat 1				
1st	Leo stark	Newport Harriers	U13B	5.14.68
2nd	Finley Davies	Newport Harriers	U13B	5.18.54
3rd	Henry Dawes	Newport Harriers	U13B	5.19.86
4th	Issac Jones	Newport Harriers	U15B	5.34.12
5th	William Burdon	Newport Harriers	U13B	6.10.89
6th	Issac Lacquiere	Newport Harriers	U13B	6.19.79
7th	Ioan Adams	Cwmbran Harriers	U13B	6.26.45

1500m				
Heat 1	Wind -3.7			
1st	Lily Williams	Newport Harriers	U15G	5.22.48
2nd	Ashleigh steer	Newport Harriers	U15G	5.23.09
3rd	Lily Hart	Newport Harriers	U15G	5.42.72
4th	Caitlin Jones	Newport Harriers	U17W	6.06.94
5th	Larissa mcguire	Cwmbran Harriers	U13G	6.11.55
6th	Elie chim	Newport Harriers	U13G	6.41.07

1500m				
Heat1	Wind -2.6			
1st	Owen Locke	Newport Harriers	U17M	4.13.77
2nd	Jake Seville	Newport Harriers	U17M	4.24.76
3rd	Spencer Smith	Newport Harriers	U17M	4.26.90
4th	Luke Gawthorn	Newport Harriers	U17M	4.32.17
5th	Connor Richards	Newport Harriers	U17M	4.38.23
6th	Oscar Denton	Newport Harriers	U17M	5.04.68
7th	Stephen Locke	Newport Harriers	SM	6.10.60

70mHurdles
Heat 1

1st	Addison Werner	Newport Harriers	U13G	17.81
75M Hurdles	Wind -1.1			
Heat 1				
1st	Harry Bradley	Newport Harriers	U13B	16.36
80m Hurdles				
Heat 1				
1st	James Crewe	Cwmbran Harriers	U15B	16.27